



**SUBMIT TO**  
Coordinated Care  
Utilization Management Department  
1145 Broadway, Suite 300  
Tacoma, WA 98402  
PHONE: 1.877.644.4613  
FAX: 1.833.286.1086

## OUTPATIENT PSYCHOLOGICAL TESTING AUTHORIZATION REQUEST FORM

Please print clearly and fill out entire form even if the information is documented in attachments.  
Incomplete or illegible forms will be returned. **\*Required Fields**

\*Date: \_\_\_\_\_

### \*Patient Information

\*Name \_\_\_\_\_

\*Date of Birth \_\_\_\_\_

\*Patient Medicaid Number \_\_\_\_\_

\*TIN # \_\_\_\_\_

\*Referral Source \_\_\_\_\_

\*Procedure Code \_\_\_\_\_

### \*Provider Information

\*Provider Name \_\_\_\_\_

\*Facility Name \_\_\_\_\_

\*Provider NPI \_\_\_\_\_

\*TIN# \_\_\_\_\_

\*Phone \_\_\_\_\_

\*Fax \_\_\_\_\_

\*Number of Units requested \_\_\_\_\_

\*Authorized Specific Contact Person \_\_\_\_\_

### \*ICD 10 Diagnosis Code(s):

\*Are you a COE provider determining an Autism Diagnosis?    Yes    No

\*Primary \_\_\_\_\_ R/O \_\_\_\_\_ R/O \_\_\_\_\_

Secondary \_\_\_\_\_

Additional \_\_\_\_\_ Additional \_\_\_\_\_

\*Danger to self or others?    Yes    No (If yes please explain) \_\_\_\_\_

Mental Health Status Exam (MSE) within Normal Limits    Yes    No (If yes please explain) \_\_\_\_\_

### \*What are the current symptoms prompting the request for testing?

Anxiety self

Depression

Withdrawn/ poor social interactions

Mood instability

Psychosis/ Hallucinations

Bizarre Behavioral

Unprovoked aggression

Eating disorder symptoms: \_\_\_\_\_

Poor academic performance

Behavior problems at home

Behavior problems at school

Inattention

Hyperactivity

Other: \_\_\_\_\_

**\*What is the question to be answered by testing that cannot be determined by a diagnostic interview, review of psychological/psychiatric records or collateral information?**

**\*How will testing affect the care and treatment in a meaningful way?**

**\*History**

History of Behavioral Health Services      Yes      No

If yes; was there any noticeable improvement? Please describe: \_\_\_\_\_

Does the patient have any significant medical illnesses, history of developmental problems, head injuries or seizures in the past?      Yes      No

Comments: \_\_\_\_\_

Does the patient have a family history of psychiatric disorders, behavior problems or substance use disorder?  
Yes      No      Uncertain

Comments: \_\_\_\_\_

Is there any known or suspected history of physical or sexual abuse or neglect?      Yes      No      Uncertain

Comments: \_\_\_\_\_

If the patient is a child, please indicate the collateral information you have obtained from the school regarding cognitive/academic functioning (i.e. teacher feedback, results of school standardized testing)? \_\_\_\_\_

Date of Diagnostic Interview: \_\_\_\_\_

Has the patient had a Psychiatric Evaluation?      Yes      No      If yes, date? \_\_\_\_\_

**Assessments Activities Already Performed:** (must have at least one)

- Mini-International Neuropsychiatric Interview for      Adolescents      Adults
- Anxiety Disorders Interview Scheduled for Children (ADIS)
- Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS)
- Children’s Interview for Psychiatric Syndromes (Chips) Child and Parent (P-Chips) Version
- Schedule for Affective Disorders and Schizophrenia
- Structured Clinical Interview for DSM Disorders (SCID)

**Validated Symptom or Rating Scale:** (must have at least one)

What was completed: \_\_\_\_\_

(Examples: Beck Inventory, Dissociative Experiences Scale, Eating Disorder Scale, Mood Disorder Questionnaire, Trauma Life Events Questionnaire)

**Test to be Administered:**

Minnesota Multiphasic Personality Inventory	Adolescents	Adults
Millon Adolescent Clinical Inventory		
Personality Assessment Inventory		
Other		

**Collateral Information:** (family member or others living with patient)

**Basic Focus and Results:**

**Current Psychotropic Medications**

**Please list the test planned to answer the clinical question:**

- 1. \_\_\_\_\_ 2. \_\_\_\_\_
- 3. \_\_\_\_\_ 4. \_\_\_\_\_
- 5. \_\_\_\_\_ 6. \_\_\_\_\_

**Please attach initial evaluation/diagnostic interview and any previous psychological testing evaluations to support your request.**