

Clinical Policy: Intensity Modulated Radiation Therapy

Reference Number: WA.CP.MP.69

Date of Last Review: 09/23

Coding Implications
Revision Log

Effective Date: 10/01/23

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

Description

Medical necessity criteria for intensity-modulated radiotherapy (IMRT). IMRT is an advanced form of 3-dimensional (3-D) conformal radiation therapy that delivers a more precise radiation dose to the tumor while sparing healthy surrounding tissue. While IMRT empirically offers advances over other radiation therapies, accepted practices and the risks and benefits of IMRT over conventional or 3-D conformal radiation must be considered.

Policy/Criteria

- I. It is the policy of Coordinated Care of Washington, Inc., in accordance with the Health Care Authority's Health Technology Assessment, that IMRT is considered **medically necessary** for any of the following indications:
 - A. Age ≤ 18 years
 - B. There is concern about damage to surrounding critical structures with the use of external beam or 3D conformal radiation therapy. This applies to any cancer that would require radiation to focus on the head/neck/chest/abdomen/pelvis area.
 - C. Member/Enrollee is undergoing treatment in the context of evidence collection/submission of outcome data (e.g., registry, observational study).

Background

This policy is based on Washington State Health Care Authority (HCA) Health Technology Assessment (HTA) and Health Care Authority Billing Guidelines.

Coding Implications

This clinical policy references Current Procedural Terminology (CPT®). CPT® is a registered trademark of the American Medical Association. All CPT codes and descriptions are copyrighted 2019, American Medical Association. All rights reserved. CPT codes and CPT descriptions are from the current manuals and those included herein are not intended to be all-inclusive and are included for informational purposes only. Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

CPT® Codes	Description
77301	Intensity modulated radiotherapy plan, including dose-volume histograms for target and critical structure partial tolerance specifications
77338	Multi-leaf collimator (MLC) device(s) for intensity modulated radiation therapy (IMRT), design and construction per IMRT plan

CLINICAL POLICY Intensity Modulated Radiation Therapy



CPT® Codes	Description
77385	Intensity modulated radiation treatment delivery (IMRT), includes guidance and
	tracking, when performed; simple
77386	Intensity modulated treatment delivery (IMRT) includes guidance and tracking,
	when performed; complex

HCPCS	Description
Codes	
G6015	Intensity modulated treatment delivery, single or multiple fields/arcs, via narrow spatially and temporally modulated beams, binary, dynamic MLC, per treatment session
G6016	Compensator-based beam modulation treatment delivery of inverse planned treatment using 3 or more high resolution (milled or cast) compensator, convergent beam modulated fields, per treatment session

Reviews, Revisions, and Approvals	Revision Date	Approval Date
Policy developed.		08/19
Annual review. Reference to Outcome Data added. Added 77370.		03/20
Minor revisions to the Description statement. References reviewed and		02/21
updated. Replaced "members" with "members/enrollees" in all instances.		
Annual review. Revised criteria to more closely mirror the HCA Billing		02/22
Guideline. References updated.		
Annual review. Updated references. Removed CPT 77370.		01/23
Annual review. Updated references.		09/23

References

- 1. Clark, E.E., Thielke, A., Kriz, H., Bunker, K., Ryan, K., & King, V. Center for Evidence-based Policy, Oregon Health and Science University. *Intensity Modulated Radiation Therapy*. Washington Health Technology Assessment. September 6, 2012.
- 2. Washington State Health Care Authority. *Physician-related Services/Health Care Billing Guide*. https://www.hca.wa.gov/assets/billers-and-providers/Physician-related-services-bg-20230801.pdf Revision effective August 1, 2023.

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health

CLINICAL POLICY Intensity Modulated Radiation Therapy



plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members/enrollees. This clinical policy is not intended to recommend treatment for members/enrollees. Members/enrollees should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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Note: For Medicaid members/enrollees, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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