

# Strengthening Food Security in Washington

Consistent access to healthy foods is a critical component of whole-person health. Yet this is a challenge for 1 in 5 Apple Health enrollees who reported experiencing food insecurity during the pandemic.

At Coordinated Care, we've adopted a holistic approach to tackle food insecurity – designing programs that enhance access to healthy foods and partnering with local organizations to ensure we reach every corner of Washington.



Since 2020, Coordinated Care invested more than \$2.6 million to address food insecurity.

## Unique Benefits: Coordinated Care Harvest Bucks™

Coordinated Care partnered with the Washington State Department of Health and supermarket chain Safeway to launch *Coordinated Care Harvest Bucks™* – ensuring our members not only have access to meals, but also to nutritious foods that we know support better health outcomes. Since the inception of Coordinated Care Harvest Bucks™, more than 45,000 fruit and vegetable prescriptions have been provided to 12,000+ members.



## Impactful Results: One Million Meals

When the pandemic emphasized the need for food security, Coordinated Care responded by launching our One Million Meals campaign with the goal of providing one million meals to those in need. To date, Coordinated Care has far exceeded this through the help of volunteers, employee fundraising and partner organizations:



Delivered nearly 23 million meals to Washingtonians in need



Provided 298,000+ lbs of food to over 30,000 kids and families



Engaged 10+ partner organizations, like Emergency Food Network, across the state



Coordinated Care employees donated 3,200+ community service hours at food pantries and organizations across Washington over the past 5 years as part of this program

**ONE**  
Million  
Meals



Scan here to learn more.

# Nutrition for Whole-Person Health

Coordinated Care is leveraging food agency experts and community partnerships across the state to not only deliver healthy and reliable meals but also to provide nutrition education that will have a lasting impact.

## Partnership Spotlights

### Cooking Classes & Nutrition Education

Building upon a decade-long partnership, Coordinated Care joined forces with Second Harvest to empower communities to learn about nutrition and cook healthy meals at home using basic, affordable ingredients.



200+ classes



2,500 total attendees

### Free Community Grocery Store

In 2022, we awarded the Port Angeles Food Bank with a Community Giving grant to launch The Market. Shifting away from the traditional food bank model, The Market is a free community grocery store offering locally sourced produce, household goods and other items to those in need.



47,000+ annual visits



200,000+ meals provided per month



Coordinated Care is really leading the statewide conversation around medically tailored meals and they've helped us change our thinking about the food we provide to our community so that it's better for the whole person.

Michelle Douglas, CEO at Emergency Food Network

## Strengthening the Safety Net: Medically Tailored Meals

Coordinated Care's Medically Tailored Meals program is designed to serve individuals with chronic illnesses with the goal of improving health outcomes, lowering total cost of care and increasing patient satisfaction.

These pilots serve 700+ individuals.

## Dialed into Our Communities: Collaboration with Local Partners



Improving food security for Washingtonians is a critical part of our commitment to reducing disparities and driving more equitable outcomes across the state. Access to healthy, nutritious food remains a priority as we continue our efforts to transform the health of our community, one person at a time.