

## Clinical Policy: Hospice Services

Reference Number: WA.CP.MP.54

Date of Last Revision: 08/23

Effective Date: 09/01/23

[Coding Implications](#)

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

### Description

Hospice is a coordinated, integrated program developed by a multidisciplinary team of professionals to provide end-of-life care primarily focused on relieving pain and symptoms specifically related to the terminal diagnosis of members/enrollees with a life expectancy of six months or less. This policy describes the medical necessity criteria for hospice services.

Pediatric Palliative Care, including curative medically necessary services, may be offered to members aged 20 and younger and is not addressed in this policy.

### Policy

#### **Initial Request**

It is the policy of Coordinated Care of Washington, Inc., in accordance with the Health Care Authority billing guidelines, that hospice is considered **medically necessary** when the *requirements in Criteria sections I, and II are met.*

- I. The [Required Documentation](#) has been submitted, and
- II. The requested [Intensity of Service](#) is appropriate
  - A. Routine Hospice Home Care, or
  - B. Continuous Hospice Home Care, or
  - C. Inpatient Respite Hospice Care, or
  - D. General Inpatient, Short Term (non-respite) Hospice Care
- III. Not Medically Necessary Services

### Criteria

#### **I. Required Documentation**

- A. Documentation of hospice medical director certification of hospice appropriateness for the initial 90-day certification period.
  - 1. The written certification must identify the terminal illness diagnosis that prompted the member to seek hospice care, includes a statement that the member's life expectancy is six months or less if the terminal diagnosis runs its normal course, and
  - 2. The documentation also includes a hospice election statement signed by the member/enrollee or the member/enrollee's healthcare proxy stating they are fully informed and understand hospice care and waiver of other Medicaid or Medicare services, or both.

## II. Intensity Of Service (Level of Care)

The level of care and the dates of service requested must be specified. Only one level of care may be authorized for each day of hospice care provided to an eligible member/enrollee. *The appropriate HCPCS or revenue (rev) code must be billed according to applicable contract provisions.*

### A. Routine Hospice Home Care (rev code 0651)

Routine hospice home care is medically necessary when < 8 hours of nursing care, which may be intermittent, is required in a 24-hour period. 90 days of routine hospice care may be approved. This may be billed with Nursing Facility (rev codes 0115, 0125, 0135) and Hospice Care Center (rev code 0145) room and board charges.

### B. Continuous Hospice Home Care (rev code 0652)

Continuous hospice home care is medically necessary to maintain the member at home, when the member requires  $\geq 8$  hours of nursing care in a 24-hour period (begins and ends at midnight). Care may include homemaker services and home health aide services, but must be predominantly nursing care. Up to 5 days of continuous home hospice care may be approved with ongoing concurrent review for additional days requested. Coordinated Care does not reimburse for continuous home care provided to a client in a nursing facility, hospice care center or hospital.

### C. Inpatient Respite Hospice Care (rev code 0655)

Respite hospice care is medically necessary to relieve family members or other primary caregivers of care duties for no more than 6 consecutive days in a 30-day period. Respite care is short term inpatient care, provided on an intermittent, non-routine and occasional basis. It is not residential or custodial care.

### D. General Inpatient, Short Term (non-respite) Hospice Care (rev code 0656)

1. General inpatient, short term care services are medically necessary when the intensity or scope of care needed during an acute crisis is not feasible in the home setting and requires frequent adjustment by the member's care team; and
2. The individual treatment plan is specifically directed at acute symptom management and/or pain control.

Up to 5 days of general inpatient, short term care may be approved with ongoing concurrent review for additional days requested. This benefit is limited to brief periods of care delivered in approved: Hospitals, Nursing facilities, or Hospice care centers.

## III. Not Medically Necessary Services

Hospice services are considered **NOT medically necessary** under the following circumstances:

- A. The member is no longer considered terminally ill as evidenced by a review of the medical documentation; or
- B. Services, supplies or procedures that are directed towards curing the terminal condition, with the exception of children under the age of 21, or
- C. Member chooses to revoke the hospice election by submitting a signed, written statement with the effective date of the revocation; or

- D.** Member is discharged from hospice services. A hospice agency may discharge a member/enrollee from hospice care when the member/enrollee is any of the following: No longer certified for hospice care, No longer appropriate for hospice care (i.e. no longer considered terminally ill), or Seeking treatment for the terminal illness outside the hospice treatment plan.

**Subsequent Requests**

Authorization is required for *each change* in the level of intensity of service. Only one level of care may be authorized for each day of hospice care provided to an eligible member/enrollee. The appropriate codes must be billed according to applicable contract provisions.

It is the policy of Coordinated Care of Washington, Inc., that subsequent requests for hospice are **medically necessary** when meeting one of the following:

**I. Request for continuation of routine home care for subsequent recertification period**

Continuation of home care for subsequent recertification periods is medically necessary for additional 90-day periods following submission of a renewed hospice medical director certification of terminal illness.

**II. Change to a higher intensity of service from routine hospice, one of the following:**

**A. *Continuous Hospice Home Care*** (rev code 0652)

Continuous hospice home care is medically necessary to maintain the member at home, when the member requires  $\geq 8$  hours of nursing care in a 24-hour period (begins and ends at midnight). Care may include homemaker services and home health aide services, but must be predominantly nursing care. Up to 5 days of continuous home hospice care may be approved with ongoing concurrent review for additional days requested. Coordinated Care does not reimburse for continuous home care provided to a client in a nursing facility, hospice care center or hospital.

**B. *Inpatient Respite Hospice Care*** (rev code 0655)

Respite hospice care is medically necessary to relieve family members or other primary caregivers of care duties for no more than 6 consecutive days per 30-day period. Respite care is short term inpatient care, and not residential or custodial care. Up to 6 days of inpatient respite care may be approved per 30-day period.

**C. *General Inpatient, Short Term (non-respite) Hospice Care*** (rev code 0656), meets both:

1. The intensity or scope of care needed during an acute crisis is not feasible in the home setting and requires frequent adjustment by the member's care team; and
2. The treatment plan is specifically directed at acute symptom management and/or pain control.

Up to 5 days of general inpatient, short term care may be approved with ongoing concurrent review for additional days requested. This benefit is limited to brief periods of care delivered in approved: Hospitals, Nursing facilities, or Hospice care centers.

**III. Change to routine home care following higher intensity of service**

Continuation of routine home care following a higher level of care is medically necessary for the duration of the current 90-day certification period.

**Definitions**

**Levels of Care** - four distinct levels of care are available

**A. *Routine Hospice Home Care***

Routine hospice home care is care provided in the member's home and is related to the terminal diagnosis and plan of care written for the member. Routine hospice home care may include up to 8 hours of skilled nursing care in a 24-hour period. This care may be provided in a private residence, hospice residential care facility, nursing facility, or an adult care home.

**B. *Continuous Hospice Home Care***

Continuous hospice home care consists primarily of skilled nursing care at home during brief periods of crisis in order to achieve palliation or management of acute medical symptoms. It can be provided only during a period of acute medical crisis or the sudden loss of a caregiver who was providing skilled nursing care, and only as necessary to maintain the client at home. Continuous care must provide a minimum of 8 hours of nursing care in a 24-hour period, which begins and ends at midnight; the nursing care need not be continuous.

Continuous care may be supplemented by home health aide or homemaker services, but at least 50% of the total care must be provided by a nurse, and the care required must be predominantly nursing, rather than personal care or assistance with activities of daily living. Continuous hospice home care is not intended to be respite care or an alternative to placement in another setting and cannot be provided in a nursing facility, hospice care center or hospital. Continuous hospice home care may include any of the services outlined in the covered services definition below.

**C. *Inpatient Respite Hospice Care***

Short-term inpatient respite hospice care is provided in an approved inpatient hospice facility, hospital or nursing home for no more than 6 consecutive days per 30-day period. It is allowed to relieve family members or other primary caregivers of the primary caregiving duties. A primary caregiver is an individual, designated by the member, who is responsible for the 24-hour care and support of the member in his or her home. A primary caregiver is not required to elect hospice if it has been determined by the hospice team that the member is safe at home alone at the time of the election. Inpatient Respite Hospice Care can be provided in an approved inpatient hospice facility, hospital or nursing home.

**D. *General Inpatient, Short Term (non-respite) Hospice Care***

General inpatient care, under the hospice benefit, is short-term, non-respite hospice care and is appropriate when provided in an approved hospice facility, hospital or nursing home. It is specifically used for pain control and symptom relief which is related to the terminal diagnosis and cannot be managed in the home hospice setting. The goal is to stabilize the member and return him/her to the home environment. General inpatient, short term hospice care may include any of the services outlined in the covered services definition below. General Inpatient, Short Term, Hospice Care can be provided in an approved inpatient hospice facility, hospital or nursing home.

### **Certification Periods**

Certification (benefit) periods include an initial 90-day benefit period, followed by a second 90-day benefit period, followed by an unlimited number of 60-day benefit periods. Hospice care is continuous from one period to another, unless the member revokes, or the hospice provider discharges or does not recertify.

### **Discontinuation of Hospice**

If a member revokes or is discharged from hospice care, the remaining days in the benefit period are lost. If/when the member meets the hospice coverage requirements, they can re-elect the hospice benefit, and will begin with the next benefit period.

### **Covered Services**

When the above coverage criteria are met, the following hospice care services may be covered as part of the hospice treatment plan:

- A.** Physician services
- B.** Appropriate skilled nursing services
- C.** Home health aide services, homemaker, or personal care services, or all three that are ordered by a member/enrollee's physician and documented in the plan of care. These services must be provided by a qualified home health aide and are an extension of skilled nursing or therapy services.
- D.** Physical therapy, occupational therapy, and speech-language therapy to manage symptoms or enable the client to safely perform activities of daily living (ADLs) and basic functional skills
- E.** Adult day health
- F.** Medical social services
- G.** Counseling services (e.g., dietary, bereavement) provided to a member/enrollee and the member/enrollee's family members or caregivers
- H.** Short-term inpatient care for general or respite care provided in a Medicare-certified hospice care center, hospital or nursing facility
- I.** Prescription drugs (all drugs and biologicals that are necessary for the palliation and management of the terminal illness and related conditions, enteral/parenteral supplies for a pre-existing diagnosis requiring enteral/parenteral support may be billed separately)
- J.** Durable medical equipment and related supplies, prosthetics, orthotics, medical supplies, related services, or related repairs and labor charges that are medically necessary for palliation and management of the member/enrollee's terminal illness and related conditions
- K.** Interpreter services
- L.** Medical transportation services, including ambulance, related to terminal illness
- M.** Communication with non-hospice providers about care not related to the member/enrollee's terminal illness to ensure needs are met and not compromised
- N.** Coordination of care, including coordination of medically necessary care not related to the member/enrollee's terminal illness

**Non-covered Services**

The following services are considered not covered as part of the hospice treatment plan:

- A. Services not related to the terminal condition including, but not limited to: an acute inpatient stay *for a diagnosis that is unrelated to the terminal illness* for which the member is receiving hospice care
- B. Services for individuals no longer considered terminally ill
- C. Services, supplies or procedures, or medication that are directed towards curing the terminal condition, except for children enrolled in Medicaid or CHIP who are receiving concurrent care.
- D. Nutritional supplements, vitamins, minerals and non-prescription drugs
- E. Medical supplies or equipment unrelated to the palliative care to be provided
- F. Services for which any other benefits apply.
- G. Dental care, eyeglasses, hearing aids, podiatry, and chiropractic services

**Provider Responsibilities**

The hospice provider is responsible for:

- A. Verifying member eligibility
- B. Obtaining authorization to provide hospice services before hospice care is initiated
- C. Notifying the health plan of any significant change in the member’s status or condition including revisions to treatment plans and goals
- D. Requesting each change in the level of hospice service including discharge from hospice.

**Background**

Most hospice services are provided at home<sup>4</sup> by a licensed certified hospice provider under the direction of an attending physician, who may be the member/enrollee’s primary care physician or the hospice medical director. Hospice services are provided under a plan of care designed by the multidisciplinary team to meet the needs of members/enrollees who are terminally ill, as well as their families.

Hospice services include skilled nursing, homemaker and home health aide services, physician services, physical, occupational and speech therapy, medical social services, volunteer services, nutritional, spiritual, psychosocial/supportive and bereavement counseling related to the management of the terminal illness. Hospice includes drugs and biologics related to the management of the terminal illness, to relieve pain, provide hydration and to deliver enterals as a primary source of nutrition. Durable medical equipment and medical supplies are also included in hospice, when related to the management of a terminal illness.

**Coding Implications**

The following codes are for informational purposes only. They are current at time of review of this policy. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

Revenue Code	Description
0115	Hospice, room and board, private (nursing facility)

Revenue Code	Description
0125	Hospice, room and board, semi-private (nursing facility)
0135	Hospice, room and board, 3-4 beds (nursing facility)
0145	Hospice Care Center, room and board
0551	Skilled Nursing Visit (service intensity add-on)
0561	Medical Social Service Visit (service intensity add-on)
0651	Hospice routine home care (RHC); per diem
0652	Hospice continuous home care, per 15 minutes
0655	Hospice inpatient respite care, per diem
0656	Hospice general inpatient, non-respite care, per diem

HCPCS Codes & Modifiers	Assoc. Rev. Code	Description
G0155	0561	Services of Social Worker in hospice setting, each 15 minutes (service intensity add-on)
G0299	0551	Direct skilled nursing services of an RN in a hospice setting, each 15 minutes (service intensity add-on)
Q5001	0651	Hospice care provided in client's home/residence
Q5002	0651	Hospice care provided in assisted living facility
Q5003	0651	Hospice care provided in non-skilled nursing facility
Q5010	0651	Hospice home care provided in a hospice facility
-TG	0651	Complex/high tech level of care (for RHC days 1-60)
-TF	0651	Intermediate level of care (for RHC days 61+)

Reviews, Revisions, and Approvals	Revision Date	Approval Date
Policy adopted. Previously WA.UM.21	06/19	06/19
Added Investigational Services clarification	07/19	07/19
Annual review, references updated. Inclusion of transportation services added. Associated revenue code added to HCPCS table.	05/20	06/20
Switched order of Revenue Code and HCPCS tables. Moved hospice description from background section to policy description section. Replaced all instances of “member” with “member/enrollee”. Codes reviewed. Reviewed and updated references.	05/21	06/21
Annual review. Changed “review date” in the header to “date of last revision” and “date” in the revision log header to “revision date.” References updated.	01/22	02/22
Annual review. References updated. Reworded description of Pediatric Palliative Care.	12/22	01/23
References updated. Background information updated. Removed statement regarding previous investigational treatment from Initial Request paragraph. Updated Initial Request Section I. language to correspond to HCA billing guidelines. Updated Initial and Subsequent Request sections II. Continuous Homecare and General Inpatient descriptions to correspond to HCA billing guidelines. Removed debility and failure to thrive exclusion from section III. Updated section III. D. language re: hospice discharge per HCA billing guidelines. Covered and non-covered services sections updated to correspond to HCA billing guidelines.	08/23	08/23

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### **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members/enrollees. This clinical policy is not intended to recommend treatment for members/enrollees. Members/Enrollees should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members/enrollees and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members/enrollees and their representatives agree to be bound by such terms and conditions by providing services to members/enrollees and/or submitting claims for payment for such services.

**Note: For Medicaid members/enrollees**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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