Anticonvulsants - pregabalin (LYRICA®)

WA.PHAR.56 Anticonvulsant-Pregabalin (LYRICA)

Effective July 1, 2018

Medical necessity

<table>
<thead>
<tr>
<th>Drug</th>
<th>Medical Necessity</th>
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</thead>
<tbody>
<tr>
<td>pregabalin (LYRICA®)</td>
<td>LYRICA® may be considered medically necessary for any of the following diagnosis:</td>
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<tr>
<td></td>
<td>1. Epilepsy/convulsions</td>
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<td>2. Diabetic peripheral neuropathy</td>
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<td>3. Fibromyalgia</td>
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<td>4. Neuropathic pain due to spinal cord injury</td>
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<td></td>
<td>5. Postherpetic neuralgia</td>
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Clinical policy:

Clinical Criteria

Initial authorization criteria

ONE of the following:
1. Diagnosis of Epilepsy/convulsions
2. ALL of the following:
   a. Diagnosis of ONE of the following:
      i. Diabetic peripheral neuropathy
         1) Dose ≤ 300mg per day
      ii. Fibromyalgia
         1) Dose ≤ 450mg per day
      iii. Neuropathic pain due to spinal cord injury
         1) Dose ≤ 600mg per day
   b. ONE of the following:
      i. Client has been stable on Lyrica (pregabalin)
      ii. History of failure, contraindication, or intolerance to gabapentin 1800mg per day for 4 weeks
      c. Client is greater than or equal to (≥) 12 years of age

Approval for 12 months

Reauthorization criteria

ONE of the following:
1. Diagnosis of Epilepsy/convulsions
2. BOTH of the following:
a. Dosage has not exceeded the above maximum limit for diagnosis
b. Documentation of positive clinical benefit

Approval for 12 months

Dosage and quantity limits

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>Dose and Quantity Limits</th>
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</table>
| Diabetic peripheral neuropathy                | • Maximum dose 300mg per day  
|                                               | • Quantity limit 3 capsules per day  |
| Fibromyalgia                                  | • Maximum dose 450mg per day  
|                                               | • Quantity limit 3 capsules per day  |
| Neuropathic pain due to spinal cord injury    | • Maximum dose 600mg per day  
|                                               | • Quantity limit 3 capsules per day  |
| Postherpetic neuralgia                        | • Maximum dose 600mg per day  
|                                               | • Quantity limit 3 capsules per day  |

References