

## Pediatric Mental Health Guidelines

The Health Care Authority (HCA) requires a review by an agency-designated mental health specialist from the Second Opinion Network when drugs used to treat mental health conditions are prescribed outside of the established guidelines set by the Pediatric Children's Mental Health Workgroup.

### Alpha-agonist age/dose and combined alpha agonist:

Second Opinion Network (SON) review is required when member is on a mono alpha-agonist exceed age/dose limit or when combined alpha-agonists exceed age/dose limit.

Drug	0-3 years of age	4-5 years of age	6-8 years of age	9-17 years of age
Catapres® (clonidine)	PA required	0.2 mg	0.3 mg	0.4 mg
Intuniv® (guanfacine SR)	PA required	2 mg	3 mg	4 mg
Kapvay® (clonidine SR)	PA required	0.2 mg	0.3 mg	0.4 mg
Tenex® (guanfacine)	PA required	2 mg	3 mg	4 mg

Combined Alpha Agonists: 1 unit dose is equivalent to Clonidine 0.1mg or Guanfacine 1mg

Age 4-5	Max = 2 combined equivalent doses
Age 6-8	Max = 3 combined equivalent doses
Age 9-17	Max = 4 combined equivalent doses

### ADHD age/dose limits:

SON review is required when member is on dosage exceeding age/dose limit.

DRUG	MAX DOSAGE
Atomoxetine (Strattera)	Ages 5 - 17, Max = 120mg
Clonidine	Ages 4 - 5, Max = 0.2mg Ages 6 - 8, Max = 0.3mg Ages 9 - 17, Max = 0.4mg

Guanfacine	Ages 4 - 5, Max = 2mg Ages 6 - 8, Max = 3mg Ages 9 - 17, Max = 4mg
Amphetamine-Dextroamphetamine Dextroamphetamine Dexmethylphenidate HCL Methylphenidate Patch	Ages 5 - 8, Max = 35mg Ages 9 - 11, Max = 45mg Ages 12 - 17, Max = 60mg
Lisdexamphetamine (Vyvanse)	Ages 5 - 8, Max = 60mg Ages 9 - 11, Max = 75mg Ages 12 - 17, Max = 100mg
Methylphenidate Oral	Ages 5 - 8, Max = 70mg Ages 9 - 11, Max = 90mg Ages 12 - 17, Max = 120mg
Viloxazine (Qelbree)	Ages 0-17 = SON required

**ADHD duplication:**

SON review is required when a member is on 2 or more ADHD medications for at least 56 days.  
The chart below show the drug with an x indicate the combinations are duplicative.

DRUG	Amphetamine/ Dextroamphetamine	Atomoxetine	Dexmethylphenidate	Lisdexamphetamine	Methylphenidate
Amphetamine/ Dextroamphetamine		X	X		X
Armodafinil	X	X	X	X	X
Atomoxetine	X		X	X	X
Dexmethylphenidate	X	X		X	
Lisdexamphetamine		X	X		X
Methylphenidate	X	X		X	
Modafinil	X	X	X	X	X

**Antipsychotic age/dose limit:**

<b>Health Care Authority (HCA) – Antipsychotic Age and Dose Limitations</b>				
<b>Drug</b>	<b>Under 3 years*</b>	<b>3-5 years*</b>	<b>6-12 years*</b>	<b>13-17 years*</b>
<b>Injectable formulations:</b>				
All 2 <sup>nd</sup> generation injectable products	0	0	0	0
<b>Oral formulations:</b>				
aripiprazole, Abilify	0	5 mg per day	20 mg per day	30 mg per day
clozapine, Clozaril, Fazaclo, Versacloz	0	0	0	700 mg per day
Fanapt (iloperidone)	0	0	0	0
haloperidol, Haldol	0	0	10 mg per day	15 per day
Latuda (lurasidone)	0	0	40 mg per day	80 mg per day
olanzapine, Zyprexa/Zydis	0	0	10 mg per day	20 mg per day
paliperidone, Invega	0	0	0	0
perphenazine, Trilafon	0	0	12 mg per day	24 mg per day
quetiapine/XR, Seroquel/XR	0	0	400 mg per day	800 mg per day
Rexulti (brexpiprazole)	0	0	0	0
risperidone, Risperdal/M-Tab	0	2 mg per day	4 mg per day	6 mg per day
Saphris (asenapine)	0	0	0	0
Vraylar (cariprazine)	0	0	0	0
ziprasidone, Geodon	0	0	80 mg per day	160 mg per day
*A zero indicates the need for a HCA-approved second opinion for any dose				

**Antipsychotic duplication: on 2 or more for at least 56 days**

SON review is required when a member is on 2 or more antipsychotic medications for at least 56 days. All antipsychotic products listed below are duplicative with each other.

Aripiprazole
Asenapine Maleate
Brexiprazole
Cariprazine
Chlorpromazine
Clozapine
Fluphenazne

Haloperidol
Iloperidone
Loxapine
Lurasidone
Molindone
Olanzapine
Olanzapine-Fluoxetine

Paliperidone
Perphenazine
Perphenazine/Amitriptyline
Prochlorperazine
Quetiapine Fumarate
Risperidone

Thioridazine
Thiothixene

Trifluoperazine
Ziprasidone

**Antidepressant (Second Generation) duplication: on 2 or more for at least 56 days**

SON review is required when a member is on 2 or more antidepressant medications for at least 56 days. The charts below show the drug classes with a PA indicate the combinations are duplicative.

**Second Generation Antidepressant Chart**

Class	SSRI	TeCA	NDRI	SNRI	SMM
<b>SSRI (Selective Serotonin Reuptake Inhibitor)</b>	PA			PA	PA
<b>TeCA (Alpha-2 Receptor Antagonists – Tetracyclics)</b>		PA	PA	PA	PA
<b>NDRI (Norepinephrine – Dopamine Reuptake Inhibitor)</b>		PA	PA		
<b>SNRI (Serotonin Norepinephrine Reuptake Inhibitor)</b>	PA	PA		PA	PA
<b>SMM (Serotonin Modulator – Miscellaneous)</b>	PA	PA		PA	PA

**Products by Class**

SSRI	TeCA	NDRI	SNRI	SMM
Brisdelle (paroxetine) Celexa (citalopram) Lexapro (escitalopram) Luvox (fluvoxamine) Paxil (paroxetine) Pexeva (paroxetine mesylate) Prozac (fluoxetine) Sarafem (fluoxetine) Zoloft (sertraline)	Ludiomil (maprotiline) Remeron (mirtazapine)	Aplenzin (bupropion) Forfivo (bupropion) Wellbutrin (bupropion)	Cymbalta (duloxetine) Desvenlafaxine ER Effexor (venlafaxine) Fetzima (levomilnacipran) Pristiq (desvenlafaxine)	Serzone (nefazodone) Trintellix (vortioxetine) Viibryd (vilazodone)

**Alzheimer's:**

DRUG	MAX DOSAGE
Donepezil	Min age 18. All use for under 17 require SON
Galantamine	Min age 18. All use for under 17 require SON
Rivastigmine PT24, Tartrate	Min age 18. All use for under 17 require SON
Tacrine Hydrochloride	Min age 18. All use for under 17 require SON
Memantine Tab, oral solution, cap 24H	Min age 18. All use for under 17 require SON

**Sedative Hypnotics:**

DRUG	MAX DOSAGE
Eszopiclone Tab (Lunesta)	Min age 18. All use for under 17 require SON
Zaleplon Cap (Sonata)	Min age 18. All use for under 17 require SON
Doxepin (Silenor)	Min age 18. All use for under 17 require SON
Ramelteon (Rozerem)	Min age 18. All use for under 17 require SON
Suvorexant (Belsomra)	Min age 18. All use for under 17 require SON
Temazepam (Restoril)	Min age 18. All use for under 17 require SON
Zolpidem (Ambien)	Min age 18. All use for under 17 require SON
Zolpidem ER (Ambien CR)	Min age 18. All use for under 17 require SON
Zolpidem SL (Edluar/Intermezzo)	Min age 18. All use for under 17 require SON

**Others:**

DRUG	MAX DOSAGE
Naltrexone	Min age 18. All use for under 17 require SON
Modafinil	Min age 18. All use for under 17 require SON
Armodafinil	Min age 18. All use for under 17 require SON

**Polypharmacy:**

SON review is required when a member is on 5 or more psychotropic medications for longer than 2 months (56 day supply).

ADHD Agent – Selective Norepinephri  
Alpha-2 Receptor Antagonists (Tetra Alprazolam  
Alprazolam  
Alprazolam (Bulk)  
Alprazolam-Dietary Management Produ  
Amantadine Hcl  
Amantadine Hcl (Bulk)  
Amitriptyline Hcl  
Amitriptyline Hcl/Chlordiazepoxide  
Ammonia Aromatic  
Amoxapine  
Amphetamines\*\*  
Anticonvulsant – Misc. & Nutritiona  
Antidepressant Misc-Nutritional Sup  
Antimanic Agents \*\*\*  
Apomorphine Hydrochloride  
Benzodiazepines & Tricyclic Agents\*  
Benztropine Mesylate  
Biperiden Hcl  
Bromocriptine Mesylate  
Bupropion Hcl  
Buspirone Hcl  
Carbamazepine  
Carbamazepine (Antipsychotic)  
Carbidopa-Levodopa  
Carbidopa-Levodopa-Entacapone  
Cariprazine Hcl  
Chloral Hydrate  
Chlordiazepoxide Hcl  
Chlorpromazine  
Citalopram & Dietary Management Pro  
Citalopram Hydrobromide  
Clobazam  
Clomipramine Hcl  
Clomipramine Hcl (Bulk)  
Clonazepam  
Clonazepam (Bulk)  
Clonidine Hcl  
Clonidine Hcl (Adhd)  
Clorazepate Dipotassium  
Desipramine Hcl  
Desvenlafaxine  
Diazepam  
Diazepam (Anticonvulsant)  
Diazepam (Bulk)  
Diazepam-Dietary Management Product  
Dibenzodiazepines\*\*\*  
Dibenzo-Oxepino Pyrroles\*\*\*  
Dibenzothiazepines\*\*\*  
Dibenzoxazepines\*\*\*  
Dihydroindolones\*\*\*  
Divalproex Sodium  
Doxepin Hcl  
Droperidol

Lamotrigine  
Levetiracetam  
Levodopa  
Levomilnacipran Hcl  
Lorazepam  
Lorazepam (Bulk)  
Loxapine  
Loxapine Succinate (Bulk)  
Lurasidone Hcl  
Maprotiline Hcl  
Meprobamate  
Mesoridazine Besylate  
Methyldopa  
Midazolam Hcl  
Molindone Hcl  
Nefazodone Hcl  
Nortriptyline Hcl  
Oxazepam  
Oxcarbazepine  
Paliperidone  
Paraldehyde  
Paroxetine  
Paroxetine Mesylate (Vasomotor)  
Pemoline (Bulk)  
Pergolide Mesylate  
Perphenazine  
Perphenazine (Bulk)  
Perphenazine W/ Amitriptyline  
Phenacemide  
Phenelzine Sulfate  
Phenothiazines & Tricyclic Agents\*\*  
Pimavanserin Tartrate  
Pramipexole Dihydrochloride  
Prazosin Hcl  
Pregabalin  
Premenstrual Dysphoric Disorder (Pm  
Primidone  
Prochlorperazine  
Procyclidine Hcl  
Protriptyline Hcl  
Pseudobulbar Affect Agent Combinati  
Quazepam  
Quinolinone Derivatives\*\*\*  
Rasagiline Mesylate  
Risperidone  
Ropinirole Hydrochloride  
Rotigotine  
Rufinamide  
Selective Alpha2-Adrenoreceptor Ago  
Selective Melatonin Receptor Agonis  
Selegiline  
Selegiline Hcl  
Serotonin Modulators-Nutritional Su  
Sertraline Hcl

Duloxetine Hcl  
Escitalopram Oxalate  
Escitalopram Oxalate & L-Methylfolate-Vit B6-Vit B12-Vit D  
Estazolam  
Eszopiclone  
Ethchlorvynol  
Ezogabine  
Flibanserin  
Fluoxetine Hcl  
Fluoxetine Hcl (Bulk)  
Fluoxetine Hcl-Dietary Management P  
Fluphenazine  
Fluphenazine Decanoate (Bulk)  
Flurazepam Hcl  
Fluvoxamine Maleate  
Gabapentin  
Gabapentin (Bulk)  
Guanfacine Hcl  
Guanfacine Hcl (Adhd)  
Halazepam  
Haloperidol  
Hydroxyzine Hcl  
Hydroxyzine Pamoate  
Iloperidone  
Imipramine Hcl  
Imipramine Pamoate  
Isocarboxazid  
Lacosamide

St John's Wort (Hypericum Perforatu  
Stimulants - Misc.\*\*  
Suvorexant  
Temazepam  
Thienbenzodiazepines & Ssriss\*\*\*  
Thienbenzodiazepines\*\*\*  
Thioridazine Hcl  
Thioxanthenes\*\*\*  
Topiramate  
Tranylcypromine Sulfate  
Trazodone Hcl  
Triazolam  
Tricyclic Agents-Nutritional Supple  
Trifluoperazine Hcl  
Trihexyphenidyl Hcl  
Trimipramine Maleate  
Valproate Sodium  
Valproate Sodium (Bulk)  
Valproic Acid  
Valproic Acid (Bulk)  
Venlafaxine Hcl  
Vilazodone Hcl  
Vortioxetine Hbr  
Zaleplon  
Ziprasidone  
Zolpidem Tartrate  
Zonisamide