

Coordinated Care

Psychotropic Medication Prior Authorizations

Coordinated Care requires prior authorization for psychotropic medications being prescribed to patients < 18 years old, if exceed dosing limitation. The provider will be required to obtain a review from a child psychiatrist in the second opinion network (SON).

Below are the SON medication guidelines.

Antipsychotic Dosing Limits by Client Age

Drug	Dosing Limitations ^b			
	Under 3 years ^a	Age 3-5 years	Age 6- 12 Years	Age 13 – 17 Years
Aripiprazole (Abilify®)	0	5mg per day	20mg per day	30mg per day
Asenapine (Saphris®) ^c	0	0	0	0
Clozapine (Clozaril®, Fazaclo®)	0	0	0	700mg per day
Haloperidol (Haldol®)	0	0	10mg per day	15mg per day
Iloperidone (Fanapt®) ^c	0	0	0	0
Lurasidone (Latuda®) ^c	0	0	40mg per day	80mg per day
Olanzapine (Zyprexa/Zydis)	0	0	10mg per day	20mg per day
Paliperidone (Invega®) ^c	0	0	0	0
Perphenazine (Trilafon®)	0	0	12mg per day	24mg per day
Quetiapine (Seroquel®)	0	00	400mg per day	800mg per day
Risperidone (Risperdal®)	0	2mg per day	4mg per day	6mg per day
Ziprasidone (Geodon®)	0	0	80mg per day	160mg per day

^aZero indicates the need for an approved second opinion.

^bPrescriptions exceeding dosing limitations for age require approved second opinion.

^cNo limits have been established at this time.

Age Limits on sedative hypnotics

Drug	Limitation
Ambien®/ CR (zolpidem tartrate)	18 years of age or older
Estazolam	18 years of age or older

Flurazepam	18 years of age or older
Lunesta® (<i>eszopiclone</i>)	18 years of age or older
Rozerem® (<i>ramelteon</i>)	18 years of age or older
Doral® (<i>quazepam</i>)	18 years of age or older
Sonata® (<i>zaleplon</i>)	18 years of age or older
Temazepam	18 years of age or older
Triazolam	18 years of age or older

Age and Dose Limitations on ADHD Drugs

Drug	Dosing Limitations	Age Limitations *
Metadate ER®, Methylin®, Methylin ER®, methylphenidate, methylphenidate SR, Ritalin®, Ritalin SR®	120mg per day	5 years of age and older
Concerta® (<i>methylphenidate ER</i>)	120mg per day as a single daily dose	5 years of age and older
Ritalin LA® (<i>methylphenidate ER</i>)	120mg per day as a single daily dose	5 years of age and older
Metadate CD® (<i>methylphenidate ER</i>)	120mg per day as a single daily dose	5 years of age and older
Daytrana (<i>methylphenidate</i> ®)	30mg per day	5 years of age and older
Dexedrine®, Dextrostat®, dextroamphetamine	60mg per day	5 years of age and older
Adderall®, amphetamine salt combo, Dexedrine spansule®	60mg per day	5 years of age and older
Adderall XR® (<i>amphetamine salt combo ER</i>)	60mg per day as a single daily dose	5 years of age and older
Vyvanse (<i>lisdexamphetamine</i>)	70mg per day	5 years of age and older
Focalin® (<i>dexmethylphenidate</i>)	60mg per day	5 years of age and older
Focalin XR® (<i>dexmethylphenidate ER</i>)	60mg per day as a single daily dose	5 years of age and older
Strattera® (<i>atomoxetine HCl</i>)	120mg per day as a single daily dose	5 years of age and older

* Children younger than five years of age require prior authorization.

Age dose limitations for alpha agonists to treat ADHD



Drug	Dosing Limitations ^b			
	Age < 3 Years ^a	Age 3 – 5 Years	Age 6 – 8 Years	Age 9 – 18 Years
Clonidine	0	0.1mg per day	0.2mg per day	0.4mg per day
Guanfacine	0	1mg per day	2mg per day	4mg per day

^aA zero indicates the need for an approved second opinion.

^bPrescriptions exceeding dosing limitations for age require approved second opinion.

Alzheimer’s Medications not covered for ages under 18

Donepezil
Galantamine
Memantine
rivastigmine

Payment for time spent engaging in SON review

Provider can submit procedure code 99441 on the claim to receive payment for the time spent engaging in medication review process with the SON.

Partnership Access Line (PAL)

To assist prescribers in meeting the needs of children with a mental health diagnosis, and to minimize the need for required SON review, provider can contact the Partnership Access Line (PAL).

PAL is a telephone based child mental health consultation system funded by the state legislature, being implemented in Washington State. PAL employs child psychiatrists, child psychologists, and social workers affiliated with Seattle Children’s Hospital to deliver its consultation services.

The PAL team is available to any primary care provider throughout Washington State. PCPs may call 1-866-599-7257 between the hours of 8:00am and 5:00pm for any type of child mental health issue that arises with any child not just Coordinated Care members. Additional information regarding the PAL may be found at: <http://www.seattlechildrens.org/healthcare-professionals/access-services/partnership-access-line/>.