**Clinical Policy: Viltolarsen (Viltepso)**  
Reference Number: CP.PHAR.484  
Effective Date: 08.12.20  
Last Review Date: 11.20  
Line of Business: Commercial, HIM, Medicaid

See Important Reminder at the end of this policy for important regulatory and legal information.

**Description**  
Viltolarsen (Viltepso™) is an antisense oligonucleotide.

**FDA Approved Indication(s)**  
Viltepso is indicated for the treatment of Duchenne muscular dystrophy (DMD) in patients who have a confirmed mutation of the DMD gene that is amenable to exon 53 skipping.

Limitation(s) of use: This indication is approved under accelerated approval based on an increase in dystrophin production in skeletal muscle observed in patients treated with Viltepso. Continued approval for this indication may be contingent upon verification of a clinical benefit in a confirmatory trial.

**Policy/Criteria**  
Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation® that Viltepso may be medically necessary* when the following criteria are met:

* Viltepso was FDA-approved based on an observed increase in dystrophin in skeletal muscle, but it is unknown if that increase is clinically significant. Continued FDA-approval for this indication may be contingent upon verification of a clinical benefit in confirmatory trials.

**I. Initial Approval Criteria**

**A. Duchenne Muscular Dystrophy** (must meet all):

1. Diagnosis of DMD with mutation amenable to exon 53 skipping (see Appendix D) confirmed by genetic testing;

2. Prescribed by or in consultation with a neurologist;

3. Age ≤ 9 years at therapy initiation;

4. Member has all of the following assessed within the last 30 days (a, b, and c):

   a. Ambulatory function (e.g., ability to walk with or without assistive devices, not wheelchair dependent) with one of the following (i or ii):
      i. 6-minute walk test (6MWT) distance ≥ 201 m;
      ii. Time-to-stand (TTSTAND) < 10 seconds;

   b. Stable cardiac function with left ventricular ejection fraction (LVEF) ≥ 40%;

   c. Stable pulmonary function with predicted forced vital capacity (FVC) ≥ 50%;
5. Inadequate response (as evidenced by a significant decline in 6MWT, LVEF, or FVC) despite adherent use of an oral corticosteroid (e.g., prednisone, Emflaza™) for ≥ 6 months, unless contraindicated or clinically significant adverse effects are experienced; *Prior authorization is required for Emflaza*

6. Viltepso is prescribed concurrently with an oral corticosteroid, unless contraindicated or clinically significant adverse effects are experienced;

7. Viltepso is not prescribed concurrently with other exon-skipping therapies (e.g., Exondys 51™, Vyondys 53™);

8. Dose does not exceed 80 mg/kg per week.

**Approval duration: 6 months**

**II. Continued Therapy**

**A. Duchenne Muscular Dystrophy** (must meet all):

1. Currently receiving medication for DMD with mutation amenable to exon 53 skipping or member has previously met initial approval criteria;

2. Member is responding positively to therapy as evidenced by one of the following (a or b):
   a. All of the following assessed within the last 6 months (i, ii, and iii):
      i. Ambulatory function (e.g., ability to walk with or without assistive devices, not wheelchair dependent) with one of the following (1 or 2):
         1) 6MWT distance ≥ 201 m;
         2) TTSTAND < 10 seconds;
      ii. Stable cardiac function with LVEF ≥ 40%;
      iii. Stable pulmonary function with predicted FVC ≥ 50%;
   b. Member has received this medication via a healthcare insurer without meeting the requirements above (see criterion 2a), and medical record shows improved or stable LVEF and FVC, assessed within the last 6 months;

3. Member has been assessed by a neurologist within the last 6 months;

4. Viltepso is prescribed concurrently with an oral corticosteroid, unless contraindicated or clinically significant adverse effects are experienced;

5. Viltepso is not prescribed concurrently with other exon-skipping therapies (e.g., Exondys 51, Vyondys 53);

6. If request is for a dose increase, new dose does not exceed 80 mg/kg per week.

**Approval duration: 6 months**

**III. Diagnoses/Indications for which coverage is NOT authorized:**

A. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial, HIM.PHAR.21 for health insurance marketplace, and CP.PMN.53 for Medicaid.

**IV. Appendices/General Information**

*Appendix A: Abbreviation/Acronym Key*

- 6MWT: 6-minute walk test
- DMD: Duchenne muscular dystrophy
- FDA: Food and Drug Administration
- FVC: forced vital capacity
Appendix B: Therapeutic Alternatives
This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

<table>
<thead>
<tr>
<th>Drug Name</th>
<th>Dosing Regimen</th>
<th>Dose Limit/ Maximum Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>prednisone*</td>
<td>0.3-0.75 mg/kg/day or 10 mg/kg/weekend PO</td>
<td>Based on weight</td>
</tr>
<tr>
<td>Emflaza™ (deflazacort)</td>
<td>0.9 mg/kg/day PO QD</td>
<td>Based on weight</td>
</tr>
</tbody>
</table>

Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.

*Off-label

Appendix C: Contraindications/Boxed Warnings
None reported

Appendix D: General Information
- Corticosteroids are routinely used in DMD management with established efficacy in slowing decline of muscle strength and function (including motor, respiratory, and cardiac). They are recommended for all DMD patients per the American Academy of Neurology (AAN) and DMD Care Considerations Working Group; in addition, the AAN guidelines have been endorsed by the American Academy of Pediatrics, the American Association of Neuromuscular & Electrodiagnostic Medicine, and the Child Neurology Society.
  - The DMD Care Considerations Working Group guidelines, which were updated in 2018, continue to recommend corticosteroids as the mainstay of therapy.
  - In an evidence report published August 2019, the Institute for Clinical and Economic Review (ICER) states that current evidence is insufficient to conclude that other exon-skipping therapies (Exondys 51, Vyondys 53) have net clinical benefit when added to corticosteroids and supportive care versus corticosteroids and supportive care alone.
- Prednisone is the corticosteroid with the most available evidence. A second corticosteroid commonly used is deflazacort, which was FDA approved for DMD in February 2017.
- The phase 2 dose-finding, safety study for viltolarsen (NCT02740972) enrolled male patients age 4-9 years with the lowest 6MWT distance at baseline being 201 m. In addition, inclusion criteria for the ongoing phase 3 efficacy study for viltolarsen (RACER 53; NCT04060199) enrolled male patients age 4-7 years old with a TTSTAND < 10 seconds.
• Having an LVEF below 40% may indicate presence of cardiomyopathy or heart failure, while a predicted FVC below 50% may indicate presence of severe pulmonary disease.

V. Dosage and Administration

<table>
<thead>
<tr>
<th>Indication</th>
<th>Dosing Regimen</th>
<th>Maximum Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>DMD</td>
<td>80 mg/kg IV once weekly</td>
<td>80 mg/kg/week</td>
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VI. Product Availability

Solution for injection in a single-dose vial: 250 mg/5 mL (50 mg/mL)

VII. References


Reviews, Revisions, and Approvals

<table>
<thead>
<tr>
<th>Description</th>
<th>Date</th>
<th>P&amp;T Approval Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Policy created pre-emptively</td>
<td>03.31.20</td>
<td>05.20</td>
</tr>
<tr>
<td>Drug is now FDA approved - criteria updated per FDA labeling; modified from requiring both 6MWT and TTSTAND to either 6MWT or TTSTAND; added requirement for stable cardiac and pulmonary function; references reviewed and updated.</td>
<td>08.25.20</td>
<td>08.20</td>
</tr>
<tr>
<td>Per request from PDAC: Added option for continuation of therapy for patients who have been receiving the medication through another healthcare insurer and/or has been responding positively to therapy with stable disease; modified time frame for positive response parameters from within the last 30 days to within the last 6 months; added requirement for neurologist assessment within the last 6 months.</td>
<td>09.24.20</td>
<td>11.20</td>
</tr>
</tbody>
</table>
**Important Reminder**
This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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Note:
For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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